

## Frequently Asked Questions

### **Do you give pain medicine or offer physical therapy?**

No, our practice is strictly procedure based specializing in interventional pain management injections like epidurals and blocks.

### **Do I need a prescription?**

As a referral based practice patients are usually sent to us with a prescription from their primary doctor or specialist. Patients who do not have a prescription will be scheduled for a consultation to determine whether they are a candidate for injections.

### **What kind of relief will I get and how long will it last?**

Pain management injections work differently for different people. Some patients receive good relief from their first injection, while others may require repeat injections. Please note that pain management injections are not a cure and are only aimed to provide 75-80% relief.

### **How many injections can I have?**

Patient can typically have up to 3 injections in a six-month period; however this varies on an individual basis at the doctor's discretion. After your first injection, our doctors will work with you and your referring physician to determine the next best course of action. Injections must be scheduled at least 2 weeks apart in most cases.

### **Do I need an MRI?**

No, however an MRI is a helpful diagnostic tool used to determine the best care plan for you. CTs, Xrays and EMGs are also useful. Talk to your primary doctor or specialist for more information.

### **Will I be put to sleep?**

Sedation is not usually necessary for epidurals and blocks, however it is available at the patient's request. In most cases, however, a local anesthetic is used to numb the area prior to the injection. Sedation is offered with more complex procedures.

### **Can I eat and drink?**

Patients who are not getting sedation may eat and drink as normal prior to an injection.

### **Can I take my medication?**

With the exception of certain blood thinners, patients may take their medications as usual on the day of the procedure. Patients receiving sedation should take medicines with a small sip of water. Please see the section on blood thinners to determine what medications need to be stopped.

### **Do I need a driver?**

Although it is suggested that patients have a driver the day of the procedure, it is not a requirement for most epidurals and blocks unless otherwise specified by our office. Patients receiving sedation must have a driver without exception.

### **Where is your office located?**

Our office is located in the Founder's Building on the campus of Jeanes Hospital. The Founder's Building is to the left of the main building at the top of parking lot B. When you enter the Founder's Building, follow the signs to Reddy and Associates.

### **Where are the injections performed?**

Injections scheduled at Jeanes Hospital are performed in the Radiology Department on the first floor of the main building. Dr. Reddy also sees patients at the Valley Pain Center, located in Building 11 of the Mason's Mill Business Park II in Huntingdon Valley. Please see the locations section of our website for more information.

### **When can I return to work?**

Patients can typically resume all normal activity the day after the procedure.

### **Do you accept my insurance?**

Reddy and Associates participates with most major insurance carriers in Pennsylvania and New Jersey. Please see the insurance section of our website for a complete list.

### **Will I need a referral?**

Most HMO plans require an insurance referral from a primary doctor and it is the patient's responsibility to obtain the referral prior to the appointment day. We will not see patients without a referral. Please see the insurance section of this website for more information.

### **Will there be a co-pay?**

Patients may be responsible for a specialist co-pay depending on their individual insurance plan. Procedures performed in the hospital or ambulatory setting may also require some form of coinsurance or deductible payment. We encourage patients to check with their insurance to verify benefits and eligibility prior to the appointment day.